

THE SUZANNE PINCUS FAMILY LEARNING PLACE

FEBRUARY 2023

SUN	MON	TUES	WED	THURS	FRI	SAT
<p>Celebrate Black History</p>  <p>https://www.africanamericanhistorymonth.gov/</p>	<p>National Children's Dental Health Month</p> 	<p>AMERICAN HEART MONTH</p>  <p>https://nationaltoday.com/american-heart-month/</p>	<p>1</p> <p>FAIR FARES NYC</p> <p>Check your eligibility</p> <p>https://www1.nyc.gov/site/fairfares/index.page</p>	<p>2</p> <p>Groundhog Day</p> 	<p>3</p> <p>Family Learning Place</p> <p>Respite Fridays Every Friday 11am-3pm 718-741-2357</p> 	<p>4</p> <p>Child Abuse Hotline</p> <p>1-800-422-4453 Domestic and Sexual Violence 800-942-6906 or 711 for Deaf/Hard of hearing</p>
<p>5</p> <p>Butler Child Advocacy Center</p> <p>Treating and preventing child abuse and neglect</p> <p>www.cham.org/programs-centers/je-and-zb-butler-center-for-children-and-families</p>	<p>6</p>  <p>Help is available. Speak with a counselor today.</p> <p>800-273-8255</p>	<p>7</p> <p>Compassionate Friends</p> <p>(Grief Support) Every Tuesday Please call Crystal Vitaliano 718-207-3552</p> 	<p>8</p> <p>Support our Chamilly</p> <p>Donate to CHAM:</p> <p>https://www.cham.org/ways-to-give/donate</p>	<p>9</p> <p>NYC Department of Social Services</p> <p>https://www1.nyc.gov/site/dss/index.page</p>	<p>10</p> <p>Montefiore Prevention Center - Project Bravo</p> <p>3058 Bainbridge Ave, Bronx, NY 10467 347-899-0936</p>	<p>11</p> <p>LINCS</p> <p>Expert care for medically fragile children</p>  <p>https://www.cham.org/programs-centers/lincs-program/our-expertise</p>
<p>12</p> <p>Super Bowl Sunday</p> 	<p>13</p> <p>SNAP Supplemental Nutrition assistance program</p> <p>https://www1.nyc.gov/site/hra/help/snap-benefits-food-program.page</p>	<p>14</p> <p>Happy Valentine's Day</p> 	<p>15</p> <p>Emergency Rental Assistance program</p> <p>844-691-7368</p> <p>https://otda.ny.gov/programs/ERAP</p>	<p>16</p> <p>El Programa de Asistencia para Alquileres de Emergencia</p> <p>844-691-7368</p> <p>https://otda.ny.gov/programs/ERAP</p>	<p>17</p> <p>Random Act of Kindness</p> 	<p>18</p> <p>Homebase Homeless prevention</p> <p>https://www1.nyc.gov/site/hra/help/homebase.page</p>
<p>19</p> <p>Rose F. Kennedy Children's Evaluation & Rehabilitation Center</p> <p>718-430-8500</p>	<p>20</p>  <p>The Family Learning Place is Closed.</p>	<p>21</p> <p>National Eating Disorders Awareness Week</p> <p>(Feb 20-26)</p> <p>https://www.nationaleatingdisorders.org/</p>	<p>22</p> <p>Project Rising Substance Abuse Program for Adolescents and Young Adults</p> <p>(Ages 14-24) 1510 Waters Place Bronx, NY 10461 718-409-9433</p>	<p>23</p> <p>LGBTQ care at Montefiore</p>  <p>https://www.montefiore.org/lgbtqcare</p>	<p>24</p> <p>New York Food Pantries</p> <p>Use this link to find the one closest to you</p> <p>https://www.foodpantries.org/st/new_york</p>	<p>25</p>  <p>Montefiore Relaxation Hotline</p> <p>718-920-2256 24 hours a day. For patients, associates & everyone else</p>
<p>26</p> <p>Montefiore MyCHART Log on Today!</p> <p>https://mychart.montefiore.org</p>	<p>27</p> <p>Do you have questions about how to get services for loved ones with special needs? Contact a Montefiore Outreach Specialist 718-741-2357</p>	<p>28</p> <p>Montefiore COVID-19 Resources</p>  <p>https://covid19.montefiore.org/</p>	<p>Learn About Mental Illness</p>  <p>https://www.nami.org/Home</p>	<p>Let your voices be heard!</p> <p>To join CHAM's Family Advisory Committee (FAC) Contact 718-741-2661 718-741-2357</p>	<p>Caregiver Support Center</p> <p>A quiet, safe soothing and confidential environment for you.</p> <p>www.montefiore.org/caregiversupport</p>	 <p>Donate a book to CHAM's library.</p>

The Family Learning Place is a health information resource center at Children's Hospital at Montefiore. We are located in the upper lobby level and open Monday to Friday from 8:30 AM to 5:00 PM. For more information, call us at 718-741-2357 or email familylearningplace@montefiore.org